

1.2 Read the text again and choose the best answer (A, B, or C) for items 3a-6a.

- 3a. The writer says messages on Twitter are most often used to tell everyone
 - A. about your friends.
 - B. about your routine.
 - C. about celebrities.
- 4a. The reason why many people use Twitter is that they
 - A. enjoy attracting attention.
 - B. think it's entertaining.
 - C. are interested in other people.
- 5a. According to the writer, the information on Twitter is often
 - A. too short.
 - B. out-of-date.
 - C. inaccurate.
- 6a. The writer agrees that Twitter
 - A. makes readers think.
 - B. poses critical questions.
 - C. publishes personal information.

ACTIVITY 2

Read the information in the text below and match the meaning of each word in bold (7a-13a) with options A-H. There is one option you do not need.

A.	words	B.	feelings	C.	sickness	D.	things
E.	hand movements	F.	symptoms	G.	abilities	H.	relationships



Autism

Autism is a **(7a) disorder** of neural development characterized by awkward social interaction and by repetitive behaviour. The **(8a) signs** all begin before a child is three years old. Autistic infants pay less attention to what is going on around them, smile and look at others less often, and respond less to their own name. Autistic toddlers, for example, have less eye contact and turn-taking, and may use fewer simple **(9a) gestures** to express themselves, such as pointing at **(10a) objects**. Three- to five-year-old autistic children are less likely to approach others spontaneously, to imitate and respond to **(11a) emotions**. However, they do form strong **(12a) bonds** with their caregivers. Many autistic people develop outstanding **(13a) skills** in areas like drawing, music, computation, and reading.

ACTIVITY 3

Read the text below and for each gap (14a-19a) choose the best option (A-G). Use each option only once. There is one option you do not need.

A.	across	B.	among	C.	after	D.	for	E.	from	F.	as	G.	with
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W Argonauts - Wikipedia, th
en.wikipedia.org/wiki/Argonauts

Article Talk

Jason: the prequel

When Jason was 20 years old, an oracle ordered him to dress **(14a)**_____ a Magnesian and head to the Iolcan court. While travelling, Jason lost his sandal as he was going **(15a)**_____ the muddy Anavros river and also trying to help an old woman (Hera in disguise) to cross the river. The goddess was angry with King Pelias **(16a)** _____ killing his stepmother, Sidero, **(17a)** _____ she had sought refuge in Hera's temple. Another oracle warned Pelias to be on his guard against a man **(18a)**_____ one shoe. Pelias was presiding over a sacrifice to Poseidon with several neighboring kings in attendance. **(19a)** _____ the crowd stood a tall youth in leopard skin wearing only one sandal....



Gathering of the Argonauts, Attic red-figure krater, 460-450 BC, Louvre (G 341)

ACTIVITY 4

4.1 Read the text below and choose the best answer (A, B, or C) for items 20a-22a.

- 20a. This text was written for people who
 - A. are in psychotherapy.
 - B. want to be dancers.
 - C. have health problems.
- 21a. The aim of the text is
 - A. to give some tips.
 - B. to give information.
 - C. to give instructions.
- 22a. The writer compares dance movements to
 - A. painting.
 - B. words.
 - C. music.

Dance Therapy

Dance therapy is a vehicle that helps people deal with their emotional and physical problems. It is therapeutic and offers a journey of self-discovery.



Dance therapy was developed through modern dance. The modern dance pioneers, such as Martha Graham and Isadora Duncan, broke away from the

traditional ballet repertoire and created movement that encouraged creativity, spontaneity, individuality and personal expression. Psychoanalysis, as developed by thinkers such as Sigmund Freud and Alfred Adler, also helped inspire the use of dance for therapeutic purposes.

Dance therapists believe that emotional and physical problems often represent themselves in the body as muscle tension. Dance provides a way to release this tension through movement while allowing the inner feelings to be expressed through movement. Everyone has their own unique way of moving, even professional dancers who learn new choreography daily have their own specific way of moving. Discovering one's own way of moving is energizing. It's like learning how your body speaks, for movement is the language of the body. Whatever a person's problem is (whether it is in the mind, spirit or it is anatomical) it is trapped within the body. The body is an instrument and in order to understand it one must use it. A dance therapist's goal is to develop a safe environment that helps the client to discover the language of bodily movement.

Health&fitness

4.2 Read the text again, and decide if statements 23a-28a are True (A), False (B), or Not Stated (C).

STATEMENTS		A	B	C
		TRUE	FALSE	NOT STATED
23a.	Martha Graham was a teacher of traditional dance.			
24a.	Dance can teach you to be in touch with yourself.			
25a.	Great dancers have used dance as therapy.			
26a.	Sigmund Freud, the father of psychoanalysis, was a supporter of dance therapy.			
27a.	Dancing can reduce stress.			
28a.	Not until the past half century has dancing been characterized as a form of therapy.			

ACTIVITY 5

Read the text below and do the task that follows.

bio.

PEOPLE IN THE NEWS NOSTALGIA CELEBRITY HISTORY & CULTURE FAMOUS LOOKALIKES

Emily Dickinson Biography

Young Emily

As a young child, Emily was a bright and industrious student. She had a sharp wit and was able to create many original stories, delighting her classmates. Emily's father was keen to bring up his children in what he considered to be the 'proper' way. Emily said of her father 'his heart was pure and terrible'. He censored reading materials: Walt Whitman, the great poet, was considered 'inappropriate' and novels had to be smuggled into the house. In response, Emily was submissive towards her father and other male figures of authority. But in her own way she respected her father, in spite of his aloofness. However, despite her attempts to please she was also at the same time independently-minded, and not afraid to resist conventional opinion.

At school, she was able to study a range of subjects from Latin to English Literature. However, her studies were often interrupted by various ailments. After a persistent cough developed, her father decided to remove her from college and bring her back home to continue her education. Thus, she left without any formal qualifications, but she had been able to broaden her education and vocabulary.

Emily's later isolation from society gives an impression of a life of austerity and simplicity. This has been exaggerated, with the frequently mentioned preference for her wearing all white dresses. Apart from being quick witted, Emily had a good sense of humour, though she was often ill at ease in other people's company. Emily also enjoyed singing and was both a keen artist and a skilled musician. In her college years, she made reference to the similarities between poetry and singing. She also had a sharp eye for fine art; this visual sense and her appreciation of bright colours became evident in many of her poems.

Emily was well read. The works of other poets, in particular Emerson, were important for Emily in opening up spiritual ideas beyond the conventional ones that she had picked up from her family. Emily had innovative views and unorthodox beliefs, but she often doubted her own convictions; thus, the influence of Emerson and other poets were of great importance in freeing her of convention.

On returning home from college, Emily learnt most of the domestic chores, supporting her mother with cleaning, sewing and entertaining guests. She tried to maintain the ideals of the early Americans, following principles of honesty and simplicity. She dressed in a simple way and surviving photos show she kept her hair in a plain, straightened style. None of this, however, has prevented modern critics from seeing Emily Dickinson as one of the most daring and radical poets in the English language.

QUICK FACTS

NAME
Emily Dickinson

OCCUPATION
Poet

BIRTH DATE
December 10, 1830

DEATH DATE
May 15, 1886

EDUCATION
Amherst Academy (now Amherst College), Mount Holyoke Female Seminary

PLACE OF BIRTH
Amherst, Massachusetts

PLACE OF DEATH
Amherst, Massachusetts

AKA
Emily Dickinson

FULL NAME
Emily Elizabeth Dickinson

SYNOPSIS

EARLY LIFE AND EDUCATION
WRITING AND INFLUENCES
LATER LIFE AND DISCOVERY
RELATED VIDEOS
CITE THIS PAGE

IN THESE GROUPS

FAMOUS SACRITARIANS
FAMOUS PEOPLE BORN IN AMHERST
FAMOUS PEOPLE BORN IN UNITED STATES
FAMOUS PEOPLE BORN ON DECEMBER 10

Show All Groups

QUOTES 1 of 3

"Hope is the thing with feathers that perches in the soul - and sings the tunes without the words—and never stops at all."
—Emily Dickinson

Choose the best answer (A, B, or C) for items 29a-36a.

- 29a. At school, Emily Dickinson
 A. sometimes misbehaved. B. was the best pupil. C. entertained other pupils.
- 30a. Her father's attitude towards Emily was
 A. encouraging. B. strict. C. respectful.
- 31a. Emily stopped going to school because
 A. her father wanted to control her. B. she had problems with her health. C. her family preferred home schooling.
- 32a. People think of Emily Dickinson as very serious because of
 A. the clothes she wore. B. the way she talked. C. her lack of friends.
- 33a. Emily Dickinson's poems display her appreciation of
 A. classical music. B. novels. C. painting.
- 34a. Emerson's poetry helped her have greater confidence in
 A. her unconventional beliefs. B. herself. C. her religious convictions.
- 35a. What does the text suggest about Emily Dickinson's values?
 A. She had none. B. She was too principled. C. She lived according to them.
- 36a. Overall, the text suggests that during her life Emily was
 A. a conformist. B. a displeasing person. C. a spirited poet.

ACTIVITY 6

Read the extracts from newspaper articles (items 37a-43a) and match them with the contexts in which they might appear (options A-H). There is one option you do not need.

A.	Travel	B.	Business news	C.	Jobs	D.	Education
E.	Environment	F.	Politics	G.	Arts	H.	Media

37a.	Whether you're into romantic weekend breaks in Europe or you're a busy globe-trotting professional, our annual insurance allows you the flexibility to jet off whenever it suits you.	
38a.	Bold and innovative as ever, the US performance artist and musician uses technology, visuals and violin playing to construct her moving and poetic epic.	
39a.	We are a small charity that supports people with learning disabilities. We're looking for artists to teach classes to help people with learning disabilities make art and products that they can sell.	
40a.	An urgent preliminary investigation was launched on Friday into the leak of university entrance exam questions, following complaints that a candidate had received the exam questions on his computer two days ago.	
41a.	By the time the new bailout plan goes into effect later this year, we are likely to have received a new emergency loan which will be used to boost trade. The package will be ready by the time finance ministers meet in Luxembourg.	
42a.	Thanks to the Retina display, everything you see looks amazing. Text in web pages is crisp at any size. Images in games, movies, and photos pop off the screen.	
43a.	The main opposition party lashed out at the ruling party for discussing preparations for holding a referendum before deciding what question should be put to the voters.	

ACTIVITY 7

7.1 Read the text below and choose the best answer (A, B, or C) for items 44a-45a.

- 44a.** This text would be useful to people who plan
 A. to go a cruise. B. to fly round the world. C. to travel economically.
- 45a.** The attitude of the writer towards Luc Delacroix is
 A. skeptical. B. humorous. C. admiring.

Luc Delacroix's travels



Luc Delacroix is a plucky Frenchman who, at the age of 35, decided to hitchhike around the world, including the oceans. It took him 5 years. He's a very charming person and he is what you might call a 'hard-core' traveller: he has hitchhiked from Europe to Australia and back again: Luc is a hitchhiking star.

But how much did he spend on transport on his journey round the world? The answer is absolutely nothing. 'Not a cent, apart from urban transport', he says, grinning. 'So my goal was achieved'. But he did spend money on other things: visas, insurance, food, admission tickets, internet connections, his camera and his portable computer. This lot came to about 25,000 euros, with a daily budget of about 10 US dollars.

Luc kept a log during the trip, so he has a breakdown of all the lifts he got: an amazing

1,300, counting the number of cars and trucks that picked him up during the whole of the tour.

The quickest lift he got was after just 25 seconds. His longest waiting time was two days!

Sadly, he tells us, a lot of people are reluctant to give lifts to hitch-hikers nowadays: 'I must have had thousands of rejections or people just ignoring me'.

All in all, it wasn't easy to survive the journey: he had to do all sorts of jobs throughout the trip, otherwise he couldn't have gone on with the journey. Luc worked on about ten different boats from the Canary Islands to Indonesia. He also gave about 100 talks, some of them paid, in schools, universities and clubs. He lectured to about 50,000 people.

As far as violent incidents are concerned, Luc claims it is possible to travel around the world without being attacked or mugged. He says there was one moment in Colombia when a car stopped and someone pulled a gun out on him, but Luc quickly explained in broken Spanish that he was a French hitchhiker and meant no harm; after that, they got on very well.

Luc travelled light. He took just a backpack for carrying his clothes and his notebooks; he took over 22,000 photos, a record of a remarkable journey.

12 □ TRAVELER

7.2 Read the text again, and choose the best answer (A, B, or C) for items 46a-50a.

- 46a.** On his trip, Luc wanted
 A. to avoid hotels. B. to travel comfortably. C. to stay in interesting places.
- 47a.** How did Luc earn money on his journey?
 A. He offered French lessons. B. He had to take on different jobs. C. He washed dishes.
- 48a.** Was he ever threatened by truly violent incidents?
 A. Once, in Colombia. B. Not really. He managed well. C. Many times.

ΤΕΛΟΣ ΜΗΝΥΜΑΤΟΣ